

## **Arthur A. Islas MD.**

♦♦♦

### **♦ EDUCATION**

Post Graduate Year 1-3, Texas Tech University Health Science Center Department of Family Medicine for Family Medicine Residency - El Paso, TX. July 1998 - July 2001.

Medical Doctorate, Texas Tech University, Lubbock, TX. May 1998.

AB, Brown University, Providence, RI. May 1991.

Masters in Public Health, University of Texas at Houston - El Paso Campus, anticipated Summer 2007

### **♦ SCHOLARSHIPS & HONORS**

Citizen of the year 2006 as presented by the El Paso Chapter of the National Association of Social Workers - presented 3-31-06

Guest Lecturer - Stanford Sophomore Lecture Series on Border Health issues 2-8-06

Texas Tech Office of Diversity and Multicultural Affairs Community Award for exceptional service to underserved communities - 2005.

CME Grand Rounds lecture - "Approaching the Cultural Issues Concerning End of Life", Texas Tech El Paso Campus, March 2005.

Outstanding-Ex Jefferson High School - El Paso TX. for fall 2004.

Featured in El Paso Times "52 under 40" section July 22, 2004

Featured in AMNews (newspaper of the AMA), "Medical Schools Aim to Grow Rural Doctors. June 28<sup>th</sup> 2004.

Featured in the Eastside Reporter, "Beware of Chinese Chalk" May 21-27, 2004.

Participated in TMA lead Border Health education for border politicians in both the House and Congress - Washington DC. March 2004.

Panelist at 6<sup>th</sup> annual Bay Area International Health Conference Sponsored by Stanford University- Latino Health Issues in California and on the U.S.-Mexico Border Feb. 28<sup>th</sup>, 2004.

Poster presentation at the American Society of Health System Pharmacist - Mid year clinical Meeting - Evaluation of Appropriate Metformin Use in Type II Diabetes Patients in an Outpatient Clinic - Dec 2003

Keynote speaker for Paso del Norte Society for Public Health Education at their annual conference October 31, 2003. Title "Obesity - A Growing Problem".

Presented CME lecture on border health at the 136<sup>th</sup> annual session of the Texas Medical Association On April 3<sup>rd</sup> 2003

Chosen by the Texas Medical Association as an expert on border issues for the education of Texas representatives in both the Texas house and senate in 2003.

Represented El Paso and Texas Tech at Border Preceptorship program sponsored by TMA as border health "Colonia" expert in 2002.

Border Health Panel expert for "Somos el futuro" conference held by the Texas Senate Hispanic Research Council, Mexican American Legislative Caucus - Texas House of Representative.

Chosen to attend the Grant-Writing workshop for Hispanic Health Services Researchers at the Stanford University School of Medicine Center of Excellence.

Presented original work on ophthalmological outreach programs for diabetic patients in colonias on the US - Mexico border Nov. 2001.

Recognized as the James Jett outstanding resident of the year - June 2001.

Recognized as the outstanding resident teacher - June 2001.

Recognized as the outstanding resident in research - June 2001.

Chief Resident - El Paso Family Practice Residency Program June 2000 - June 2001.

Presented original research on acculturation and access to healthcare among Hispanics on the US. - Mexico border at the first International border healthcare conference Feb. 2001.

Presented original research, via poster presentation, on acculturation and access to healthcare among Hispanics on the US. - Mexico border at the national convention for the American Academy of Family Physicians. Sept. 1999.

Recipient of the National Health Services Scholarship. Sept 1994 - May 1998.

#### ♦ PUBLICATIONS

Gallardo M, Islas A, Williams D: Ophthalmologic Care Among Diabetics Mexican American Adults Residing in a Colonia, Texas Journal of Rural Health; Volume XXI, number 3 2003.

Escontrias PE, Islas A, Sias J: Drug usage during breast-feeding: focus on oral agents for diabetes and selective serotonin reuptake inhibitors. The El Paso Physician 2001; 24 (11): 13 - 15.

#### ♦ EDUCATIONAL INOVATIONS

Community Medicine fourth year rotation director – I have run the fourth year community medicine rotation since 2002 both elective and core rotations which serves as an introduction to Community Medicine and Border Health

Sports Medicine education for the Texas Tech Family Medicine department leader. I have revamped the sports medicine curriculum establishing new academic relationships and creating new goal and objectives laying the foundation for a sports medicine fellowship.

Journal Club – I have established a journal club curriculum for the Family Medicine residents to fulfill RRC requirements for critical literature review.

#### ♦ GRANTS

Co-Investigator for grant # 1D58HP00416-01 from HRSA. This is a residency training grant which utilizes the Texas Tech Community Partnership Clinics extensively to help better prepare residents for working in rural and underserved environments. This is a three year grant starting in 2003. The grant value is for \$504,360.00 over three years.

Grant Manager/ PI for grant # P0039114. This is a W.K. Kellogg Foundation Grant Awarded to Texas Tech in collaboration with the University of Texas at El Paso. Grant was designed to Foster institutional change to redirect health professions higher education; encourage multidisciplinary approaches to meeting the health needs of people. Grant was from 4/1/96-12/31/02. I was PI for the last year of the grant. The grant value was for \$1,813,000.00 Grant # 2006-55215-18691 1/1/2006 – 12/31/2008

Co-Investigator: Arthur Islas, MD Funding Agency: U.S. Department of Agriculture, Human Nutrition and Obesity Project: "Community Based Approaches to Overweight and Obesity Among Young Children in West Texas" Grant Award: \$1,497,311 Principal Investigator: Christina R. Esperat, Ph.D., RN Co-PI: Darryl Williams, MD, MPH

#### ♦ EMPLOYMENT

*Assistant Professor for the El Paso, Texas Tech Family Medicine Department July 2001 to present*

Job duties include providing patient care in addition to educating medical students and residents.

*Community Medicine Division Director 2003-2006*

Director of all community medicine activities for Texas Tech Family medicine including teaching, research and patient care.

*Medical Director – Community Partnership Clinics - October 2001 to 2006*

Act as medical advisor and supervising physician for four border community clinics within the county of El Paso, TX.

*Technical Writer, R.E. Thomason General Hospital- El Paso TX 1991- 1993*

Was responsible for writing and implementing grants from local and governmental agencies directed at youth intervention programs for high-risk minorities. I created a successful program, which integrated at risk youth into the hospital setting using the health care professionals as supervisors and role models. Also, as part of the Planning Department, helped in the conception and initial bond election for the now named Maxine Silva Health Careers Magnet High School in El Paso.

#### ♦ LICENSURE & CERTIFICATION

Currently hold state licensure in Texas Awarded September 2001

Currently board certified in Family Practice Awarded September 2001 -2008

#### ♦ COMMUNITY SERVICE

Board member Wilderness Medical Society

Board member Texas Partnership in End of Life Care- Texas

Board member Non-for-Profit Enterprise Center - El Paso

#### ♦ INTERESTS & ACTIVITIES

Member of the American Academy of Family Physicians

Member of the Mexican American Legal Defense Education Foundation

Member Wilderness Medical Society

Member of the Sierra Club.

Member of the Santo Nino Church Choir (guitar and voice)

References upon request